# The Neuropsychology of ACHIEVEMENT OVERVIEW

Thank you for your order of *The Neuropsychology of Achievement MP3 Download* program. *The Neuropsychology of Achievement* consists of two components: (1) A PDF interactive Personal Study Guide and (2) Ten MP3 audio sessions.

## (1) INTERACTIVE PERSONAL STUDY & PROGRESS GUIDE

The Personal Study Guide is designed to work in tandem with the audio sessions to help you understand, learn and successfully apply the principles of personal achievement contained in *The Neuropsychology of Achievement* program.

Each chapter in the Personal Study Guide corresponds to one of the ten audio sessions.

Before listening to the audio, it is recommended that you first read the chapter in the study guide that corresponds to its corollary audio session. Listen to the narration on the audio and then go back to the study guide to complete worksheets that will help you master and apply the principles contained in the audio. The study guide is interactive in that you can enter and save information in it with your computer keyboard

## (2) MP3 AUDIO SESSIONS

- 1. Introduction. Your Holographic Brain: The Power of Five-Dimensional Visualization.
- 2. The Intelligent Eye: Light of the Mind, Pathway to the Brain.
- 3. A Model for Success: The 21 Dominant Habits of High-Achievers.
- 4. How Do You Measure Up? A Formula for Self-Assessment.
- 5. Images of Achievement: How to Set Sensory-Rich Achievement Goals.
- Laser Vision: Sharpening Concentration and Internal Vision Through Relaxation/ Oxygenation.

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- 7. Competence Programming: How to Code High-Achievement Behaviors into Your Brain and Nervous System.
- 8. The Power of Self-Discipline: How to Extinguish Self- Defeating Behaviors.
- 9. Internalizing Your Image of Achievement: A 30-Day Action Plan.
- 10. A Life-Long Blueprint for Success: How to Maintain and Expand Your Achievement Behaviors.

#### **NUTRITIONAL SUPPORT**

We have been introduced to a supplement that will greatly assist you in your quest for high achievement. It increases oxygen and nutrient-rich circulation to your body's cells, lungs, heart, brain and other organs. It also reduces high blood pressure, reduces chronic joint and lower back pain (inflammation), lowers blood sugar levels and increases your energy so you can be more active. To learn more about this Nobel Prize-winning formula go to: www.SparkOfLife.info/ wc.html or CLICK HERE.

### **TECHNICAL HELP & Customer Service**

If you have any questions or problems please contact us at CustomerService@SyberVision.com. If you provide your phone number we'll get back to you in a few hours by phone or if you prefer via email.

Enjoy the program.